

Supplementary agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2024

Meeting date 23 January 2024

1 (4)

Date and time 23 January 2024 at 14:00 -

Place/venue ME201

Items to be discussed at the meeting

Number	Title	Page
10	Approval of the admission criteria and curriculum for the child and adolescent cognitive individual psychotherapist training	2

Record entry 3349/03.01.00/2023

Prepared by Susanna Järvelin-Pasanen

10

Approval of the admission criteria and curriculum for the child and adolescent cognitive individual psychotherapist training

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula, degree requirements and student admission criteria.

Government Decree 1120/2010 amending the Decree on Health Professionals entered into force on 31 December 2011. Under section 2a of the Decree, the use of the protected title of a psychotherapist is subject to the condition that the person concerned has completed psychotherapist training organised by a university or by a university together with another training organisation. The skills required to work as a psychotherapist are acquired through studies whose scope must be 60 ECTS at the minimum and that consist of theoretical studies, supervised psychotherapist work with patients, educational psychotherapy and skills demonstration. Competence is proved through a skills demonstration. The university issues the student a certificate of the completion of the training.

The psychotherapist training organised by the Faculty of Health Sciences or the Philosophical Faculty of the University of Eastern Finland is professional development training for health professionals that leads to the professional

title of a health care psychotherapist in accordance with the Government Decree (VNA 1120/2010). The trainings are managed by the Centre for Continuous Learning of the University of Eastern Finland. In professional development training, the students do not have the status of a degree student.

At least 20 and at most 24 students (6 students on a waiting list) will be admitted to the child and adolescent cognitive individual psychotherapist training that will start in autumn 2024. The planned application period is 1 February – 15 April 2024. Selected students are granted a fixed term right to study in the training to which they have been selected. The selection criteria are enclosed with the agenda item as an appendix.

The scope of the child and adolescent cognitive individual psychotherapist training is 75 ECTS. The duration of the training is four academic years (2024–2028). The person in charge of the training at the University of Eastern Finland, appointed by the steering group of psychotherapist training, is Professor Ilona Luoma. The curriculum for the training is enclosed with the agenda item as an appendix.

Motion

The Faculty Council approves the admission criteria and curricula for the child and adolescent cognitive individual psychotherapist training in accordance with the appendices and delegates to the Dean the approval of any additions and corrections made to the curricula.

Decision

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4 (4)

Appendices

- 1 Student admission criteria tt_LaNu_2024-2028
- 2 Curriculum for the child and adolescent cognitive individual
psychotherapist training 2024 2027