

Date and time

Minutes

Faculty Council of the Faculty of Health Sciences Meeting No 4/2025 Meeting date 16 April 2025

16 April 2025, 14:04 – 15:20

ME201 + Teams Place

Participants	Role	Present for items
Members		
Forsberg Markus	Dean, Chair	1-17
Levonen-Harju Anna-Liisa	1st Vice Dean, Vice Chair	
Kauppinen Anu	Professor, member	1-17
Rautio Jarkko	Professor, deputy member	
Malm Tarja	Professor, member	1-11
Saaranen Terhi	Professor, deputy member	
Jääskeläinen Jarmo	Professor, member	1-17
Keski-Nisula Leea	Professor, deputy member	
Tuomainen Tomi-Pekka	Professor, member	1-15
Peltomäki Timo	Professor, deputy member	
Heinäniemi Merja	Professor, member	1-17
Tohka Jussi	Professor, deputy member	
Jalkanen Aaro	Staff, member	
Huttunen Kristiina	Staff, deputy member	
Kotikumpu Kari	Staff, member	
Parviainen Anndra	Staff, deputy member	
Heikkilä Reeta	Staff, member	1-17

1 (38)



Other preparers

Koistinen Annika

Järvelin-Pasanen Susanna Head of Student Services

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Sutinen Tiina	Staff, deputy member	1-12
Lahtela-Kakkonen Maija	Staff, member	1-17
Savinainen Juha	Staff, deputy member	
Toroi Riitta-Liisa	Staff, member	
Kanninen Katja	Staff, deputy member	
Suurnäkki-Piispa Mira	Student, member	1-17
Riikkilä Onni	Student, deputy member	
Omale Inikpi	Student, member	
To be named later	Student, deputy member	
Tariq Amina	Student, member	
To be named later	Student, deputy member	
Gunnar Janina	Student, member	1-17
Ikonen Ella	Student, deputy member	
Zacheus Teemu	Student, member	
Lehtonen Anne	Student, deputy member	
Ollikainen-Richards Hanna	Executive Head of Administration, secretary,	1-17
	preparer	

Academic Affairs Specialist



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§ 1

Opening of the meeting

The chair opened the meeting at 14:04.



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§ 2

Legitimacy and presence of a quorum

In accordance with the UEF University Regulations, meeting notices of a multi-member administrative body must be sent at least seven days prior to the meeting, unless the administrative body has decided otherwise.

The meeting notice was sent on 9 April 2025.

According to the UEF University Regulations, multi-member organs of the university have a quorum when at least half of the members, including the chair, are present. By the decision of the chair, a multi-member administrative body can hold its meeting by email or, either fully or in part, via a video conference, telephone, or some other remote participation means. The chair has decided that the meeting be organised as a hybrid meeting: ME201 + Teams.

Motion

The meeting is deemed lawful and quorate. The agenda is approved.

Decision

As proposed.



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Record entry 3973/01.01.02/2023

Prepared by Hanna Ollikainen-Richards

§ 3

The Dean's proposal to the Rector of the University of Eastern Finland on the appointment of MD Marja Hedman to the post of Professor, Cardiology, until further notice: Hearing of the Faculty Council

By a decision made on 9 November 2023, the Dean of the Faculty of Health Sciences approved the description of the post of Professor/Associate Professor of Cardiology.

Six persons applied for the vacant post of Professor/Associate Professor by the deadline (Annex): Marja Hedman, Ville Kytö, Jari Laukkanen, Mika Lehto, Jukka Lehtonen and Tuomas Rissanen.

In accordance with the Universities Act, statements must be requested before the appointment on the qualification and merits of the applicants or the person to be invited to the post from a minimum of two experts when a person is being recruited for an employment relationship that will be effective until further notice or for a fixed period of at least two years. Sections 27–29 of the Administrative Procedure Act (434/2003) on disqualification shall be applied to the experts.

According to the University Regulations of the University of Eastern Finland, a person to be appointed as Professor shall be scientifically or artistically qualified, have good teaching skills and, if important for attending to the duties, have practical familiarity with the field of the post.



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By decision of the Dean of the Faculty of Health Sciences dated 23 October 2023, the person to be appointed to the post of Professor of Cardiology is required to have practical familiarity with the field of the post. Practical familiarity is considered to mean that the person has a specialist degree or is a qualified specialist in cardiology and has at least two years' experience working as a specialist in cardiology.

The matter was addressed by the Faculty Council on 22 August 2024 and 16 January 2025, but both candidates informed that they are not available for the position and the matter was referred back to the Appointments Committee for further consideration.

Based on the application documents, an interview and expert statements, the Appointments Committee proposes that MD Marja Hedman be appointed to the vacant post of Professor of Cardiology as of 1 September 2025 until further notice. The proposal of the Appointments Committee and Marja Hedman's application documents are enclosed with this agenda item as appendices.

According to section 10(9) of the University Regulations of the University of Eastern Finland, the Dean shall make a proposal to the Rector on the person to be appointed to the post after hearing the Faculty Council.

Marja Hedman is not required to give a trial lecture.

Motion The Faculty Council will discuss the proposed appointment.



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Annexes

- 1 List of publications Hedman Marja
- 2 CV Hedman Marja
- 3 Statement cardiology
- 4 List of applicants, cardiology
- 5 Selection memorandum, cardiology add.





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Record entry 638/01.01.02/2024

Prepared by Hanna Ollikainen-Richards

§ 4

The Dean's proposal to the Rector of the University of Eastern Finland on the appointment of MD Kai Savonen to the Tenure Track position of Associate Professor, Sports Medicine: Hearing of the Faculty Council

According to section 10(9) of the University Regulations of the University of Eastern Finland, the Dean shall make proposals to the Rector on the persons to be appointed to professorships with a term of two years or over, to permanent teaching and research positions compliant with the four-stage research career model, and to Tenure Track positions after hearing the Faculty Council.

An open call for applications was organised for the post of Professor/Associate Professor of Sports Medicine (Tenure Track) in accordance with the faculty's human resources plan. The position is hosted by the Institute of Biomedicine at the School of Medicine. Three applicants applied for the post by the deadline: MD, medical specialist Merja Perhonen; MD, medical specialist Kai Savonen and PhD Toni Rikkonen. A summary of the applicants is enclosed with this agenda item as an Appendix. Of the applicants, Merja Perhonen and Kai Savonen met the qualification requirements for the post.

A person to be appointed as an Associate Professor in the Tenure Track shall hold a suitable doctoral degree and have good teaching skills.

Furthermore, a person to be appointed as an Associate Professor in the



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Tenure Track shall have the prerequisites for fulfilling the qualification requirements of a Professor by the end of the Tenure Track term (UEF University Regulations, section 31).

Expert statements on the eligibility and merits of those applying for the post have been requested from the following persons, in accordance with the Dean's decision: Professor Eva Ageberg (University of Lund) and Martin Halle (Technical University of Munich).

Based on the application documents, expert statements and an interview, the Appointments Committee proposes that MD Kai Savonen be appointed to the post of Associate Professor of Sports Medicine (Tenure Track) for a four-year term from 1 May 2025 onwards (or as agreed).

No trial lecture will be required.

The proposal of the Admissions Committee, expert statements and the application documents of the person proposed to be appointed to the position are enclosed with this agenda item as appendices.

The criteria, objectives and results to be achieved during the term in order to proceed to the next level of the Tenure Track will be agreed in detail with the appointee to the Associate Professor position when signing the contract of employment.

Motion The Faculty Council will discuss the proposed appointment.

Decision As proposed.



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Annexes

6	CV Savonen Kai
7	List of publications Savonen Kai
8	Selection memorandum, Sports Medicine
9	Statement Savonen Kai_Ageberg
10	Statement Perhonen Merja_Ageberg
11	Statement Sports Medicine Halle
12	List of applicants Sports Medicine



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Record entry 536/01.01.02/2025

Prepared by Hanna Ollikainen-Richards

§ 5

Professor of Forensic Psychiatry, description of the post: Hearing of the Faculty Council

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent teaching and research staff and Tenure Track positions.

In their strategic human resources plan, the School of Medicine and the Institute of Clinical Medicine of the University of Eastern Finland propose that the post of a Professor of Forensic Psychiatry be filled at the institute.

The post will be hosted by the Faculty of Health Sciences, the School of Medicine, the Institute of Clinical Medicine.

According to the University Regulations of the University of Eastern Finland, a person to be appointed to a professorship shall be scientifically or artistically qualified, have good teaching skills and, if important for attending to the duties, have practical familiarity with the field of the post.

The post of a Professor will be filled until further notice starting on 1 January 2026 at the earliest.



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The description of the post (Appendix) includes the scope and specifications of the post required by the UEF University Regulations.

Motion The Faculty Council will discuss the description of the post.

Decision As proposed.

Annexes

Description of the post_Professor of Forensic Psychiatry





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Record entry 1225/01.01.03/2020

Prepared by Hanna Ollikainen-Richards

§ 6

The Dean's proposal on the scope and specifications of permanent posts that comply with the four-stage career model: Hearing of the Faculty Council

In accordance with the strategic human resources plan of the School of Medicine, Institute of Clinical Medicine, preparations are made to open the post of University Lecturer. The position will be filled as from 1 September 2025 (or as agreed) until further notice.

The scope of the post is as follows:

The duties of the University Lecturer include providing basic, intermediate and advanced teaching in clinical microbiology and immunology, conducting research in the field, and participating in research projects and administrative tasks of the academic subject. Together with the other teaching and research staff of the academic subject, the university lecturer will develop education and research in the academic subject, and prepare and coordinate research projects in the field.

According to section 11 of the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent and Tenure Track positions.



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Motion The Faculty Council will discuss the scope and specifications of the post of

University Lecturer, clinical microbiology and immunology, that will

become vacant at the faculty.

Decision As proposed.

17 (38)



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Record entry 322/01.08.00/2025

Prepared by Hanna Ollikainen-Richards

§ 7

Granting the title of docent in Urology to MD Timo Nykopp

MD Timo Nykopp has proposed that he be awarded the title of docent in the field of Urology at the Faculty of Health Sciences of the University of Eastern Finland. The applicant's CV and list of publications are enclosed with the agenda item as Annexes.

The Docent Committee of the Faculty of Health Sciences stated at its meeting that the docentship is purposeful from the perspective of teaching and research activities. The Dean of the Faculty of Health Sciences has invited Docent Petrus Järvinen (University of Helsinki) and docent Juha Koskimäki (University of Tampere) as experts.

Docent Järvinen submitted his statement on 7 March 2025 and Docent Koskimäki on 14 March 2025. Both experts consider the applicant to be scientifically qualified for the docentship they are applying for and are in favour of awarding the title of docent. The statements of the experts are enclosed with this agenda item as Annexes.

In accordance with section 89 of the Universities Act (558/2009), the university may award the title of docent upon application to a person who has comprehensive knowledge of his or her own field, a capacity for independent research or artistic work demonstrated through publications or some other manner, and good teaching skills.





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The Docent Committee of the Faculty of Health Sciences stated, when it processed the application, that the applicant meets the criteria of the Faculty of Health Sciences as regards teaching skills.

According to section 9(8) of the University Regulations of the University of Eastern Finland, the Faculty Council shall decide on awarding the title of docent.

The applicant meets the qualification requirements of a docent specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent.

Motion

The Faculty Council states that the applicant meets the qualification requirements specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent and decides to grant the title of docent in Urology to MD Timo Nykopp.

Decision

As proposed.

Annexes

14	CV Nykopp Timo
15	List of publications Nykopp Timo
16	Statement Nykopp Timo_Koskimäki
17	Statement Timo Nykopp_Järvinen



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Statement of the academic subject on the title of docent in the field of urology

20 (38)



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Record entry 15/03.04.09/2025

Prepared by Annika Koistinen

§ 8

Grading Lic.Med. Anna-Kaisa Aro's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Anna-Kaisa Aro's doctoral dissertation and study "Use of primary health care, functioning, health-related quality of life and 4- year mortality among home-dwelling older people with and without diabetes" was examined publicly on 28 March 2025. The opponent, Docent Ilona Mikkola (University of Oulu) is in favour of the dissertation being approved as a thesis for a doctoral degree in medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no comments on the statements. The opponent's statement is enclosed with the item as an annex.



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According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion

Based on the statements, the Faculty Council grades Lic.Med. Anna-Kaisa Aro's doctoral dissertation as Pass.

Decision

As proposed.

Annexes

19 Opponent_Mikkola_statement_Aro

22 (38)



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Record entry 15/03.04.09/2025

Prepared by Annika Koistinen

§ 9

Grading Pharm. D. Sina Bahrpeyma's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Pharm. D. Sina Bahrpeyma's doctoral dissertation and study "Binding of ocular drugs to melanin and melanosomes: new in vitro methodology and pharmacokinetic impact" was examined publicly on 25 March 2025. The opponent, Professor Sara Nicoli (University of Parma, Italy) is in favour of the dissertation being approved as a thesis for a doctoral degree in philosophy and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no comments on the statements. The opponent's statement is enclosed with the item as an annex.



EASTERN FINLAND

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According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion Based on the statements, the Faculty Council grades. Pharm. D. Sina

Bahrpeyma's doctoral dissertation as Pass.

Decision As proposed.

Annexes

20 Opponent_Nicoli_statement_Bahrpeyma

24 (38)



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Record entry 15/03.04.09/2025

Prepared by Annika Koistinen

§ 10

Grading MSc (Pharmacy) Sonja Korhonen's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

MSc (Pharmacy) Sonja Korhonen's doctoral dissertation and study "Eyetargeted aptamers and peptides for ocular drug delivery" was examined publicly on 28 March 2025. The opponent, Professor Hannu Uusitalo (University of Tampere) is in favour of the dissertation being approved as a thesis for a doctoral degree in Pharmacy and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no comments on the statements. The opponent's statement is enclosed with the item as an annex.





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According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion

Based on the statement, the Faculty Council grades MSc (Pharmacy) Sonja Korhonen's doctoral dissertation as Pass.

Decision

As proposed.

Annexes

21 Opponent_Uusitalo_statement_Korhonen



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Record entry 5076/03.01.00/2024

Prepared by Annika Koistinen

§ 11

Confirming the admission criteria for doctoral programmes for the academic year 2025-2026

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning student admission criteria. The doctoral programmes of the Faculty of Health Sciences have prepared a proposal for the admission criteria for the academic year 2025–2026 (Annex). The admission criteria will take effect on 1 August 2025.

Motion

The Faculty Council approves the student admission criteria for the doctoral programmes of the Faculty of Health Sciences as proposed and authorises the Dean to make technical changes to the admission criteria.

Decision

As proposed.

Annexes

22 Admission criteria _TT_doctoral programmes_2025-2026

27 (38)



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Record entry No 6414/03.00.01/2024

Prepared by Annika Koistinen

§ 12

Confirming the curricula for doctoral programmes for the academic years 2025-2028

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements. According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school will develop and assess the curriculum regularly. The feedback and statistical data collected on the teaching, studies, supervision and degrees will be utilised in the development.

The working group for doctoral programmes of the Faculty of Health Sciences and the steering committees of the doctoral programmes have prepared curricula for doctoral programmes for the period 2025–2028 (Annex).

The course descriptions of the courses included in the curricula for doctoral programmes have been compiled and can be viewed on the SharePoint platform

(https://studentuef.sharepoint.com/sites/TTopintojaksokuvaukset/Shared %20Documents/Forms/AllItems.aspx / folder 2025–2026 jatkokoulutuksen opintojaksokuvaukset).



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Motion

The Faculty Council confirms the postgraduate courses of the faculty's postgraduate studies and the curricula for doctoral programmes as proposed.

Decision

As proposed.

Annexes

23	Curriculum Doctoral Programme in Molecular Medicine
24	Curriculum Doctoral Programme in Clinical Research
25	Curriculum Doctoral Programme in Drug Research
26	Curriculum Doctoral Programme in Health Sciences
27	Annex 7. Guidelines on the supervisors and requirements of
	doctoral dissertations, and the preliminary examiners,
	opponent and custos of a dissertation
28	Annex 8. Evaluation criteria of doctoral dissertations



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Record entry No 6414/03.00.01/2024

Prepared by Annika Koistinen

§ 13

Curriculum for the scientific Licentiate degree for the period 2025-2028

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements. According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school will develop and assess the curriculum regularly. The feedback and statistical data collected on the teaching, studies, supervision and degrees will be utilised in the development.

The administration of the Faculty of Health Sciences has prepared a curriculum for the scientific Licentiate degree for the period 2025–2028 (annex).

Motion

The Faculty Council confirms the curriculum for the faculty's scientific Licentiate degree as proposed.

Decision

As proposed.

Annexes

29 Curriculum for the scientific Licentiate degree for 2025–2028



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30 Annex 9. Postgraduate Licentiate degree at the Faculty of Health Sciences



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Record entry 5076/03.01.00/2024

Prepared by Annika Koistinen

§ 14

Confirming the admission criteria for the scientific Licentiate degree for the academic year 2025–2026

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning student admission criteria. The administration of the Faculty of Health Sciences has prepared a proposal for the admission criteria for the scientific Licentiate degree for the academic year 2025–2026 (annex). The admission criteria will take effect on 1 August 2025.

Motion

The Faculty Council approves the student admission criteria for the scientific Licentiate degree of the Faculty of Health Sciences as proposed and authorises the Dean to make technical changes to the admission criteria.

Decision

As proposed.

Annexes

31 Admission criteria_TT_scientific Licentiate degree_2025-2026



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Record entry 564/01.01.02/2025

Prepared by Hanna Ollikainen-Richards

§ 15

A proposal to the Rector of the University of Eastern Finland on the management of the post of Professor of Cardiac Surgery Research on a fixed-term basis: Hearing of the Faculty Council

According to the UEF University Regulations, the Dean shall make proposals to the Rector on the persons to be appointed to professorships with a term of two years or over, to permanent teaching and research positions compliant with the four-stage research career model; and to Tenure Track positions after hearing the Faculty Council.

The filling of the part-time (50%) post of Professor of Cardiac Surgery Research is about to begin at the School of Medicine, Institute of Clinical Medicine. For this reason, the School proposes that MD Marja Hedman will continue in the post of Professor of Cardiac Surgery Research for a fixed term of 1 May 2025 - 31 August 2025. The post is filled for a fixed term due to the management of a vacant post.

As regards the post of Professor Cardiac Surgery Research, the two-year time limit will be exceeded due to previous management of the post and the follow-up proposal.

Marja Hedman was declared to be indisputably qualified for the post of Professor of Cardiac Surgery Research in 2020. Expert statements and



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Marja Hedman's CV and list of publications are enclosed with this agenda item as annexes.

Motion The Faculty Council will discuss the proposal

Decision As proposed.

Annexes

32	List of publications Hedman Marja
33	CV Hedman Marja
34	Statement, cardiac surgery research, Gudbjartsson
35	Statement, cardiac surgery research, Juvonen



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Record entry 177/01.01.03/2025

Prepared by Hanna Ollikainen-Richards

§ 16

A proposal on the person to be appointed to the post of University Lecturer, Nutrition: Hearing of the Faculty Council

According to section 10(10) of the University Regulations of the University of Eastern Finland, the Dean shall, after hearing the Faculty Council, decide on persons to be appointed to permanent positions that comply with the four-stage career model (excluding professors, senior university lecturers and senior clinical lecturers).

A call for applications was organised for the post of University Lecturer (Nutrition) by the Institute of Public Health and Clinical Nutrition of the University of Eastern Finland's School of Medicine.

Three applicants applied for the post by the deadline: PhD Carolin Kolmeder, DHSc Sohvi Koponen and PhD Heli Virtanen.

Persons to be appointed as University Lecturers must hold a suitable doctoral degree and have good teaching skills (University Regulations).

Members of the university's teaching and research staff are required to have command of the language they give teaching in (Finnish or Swedish) (Government Decree on Universities 770/2009). The Dean of the faculty can grant an exemption from the language proficiency requirements laid



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down in the Government Decree on Universities (UEF University Regulations, section 33).

All applicants have a suitable doctoral degree required for the post and the language skills required for the post. Of the applicants, only Heli Virtanen has completed university pedagogy studies and has more extensive experience in university education.

The Institute of Public Health and Clinical Nutrition proposes in its proposal (Annex) that PhD Heli Virtanen be appointed to the said post of University Lecturer as from 1 August 2025 until further notice. The Head of the School of Medicine supports the proposal.

Heli Virtanen obtained her PhD degree (epidemiology) from the University of Eastern Finland in 2023.

Virtanen's CV and list of publications are enclosed with the agenda item as Annexes.

A trial lecture is required.

Motion The Faculty Council will discuss the proposal.

Decision As proposed. Tomi-Pekka Tuomainen did not participate in the processing of the matter (disqualified due to a special reason).

Annexes



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36	CV Virtanen Heli
37	List of applicants
38	List of publications Virtanen Heli
39	Memorandum University Lecturer, Nutrition



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§ 17

Closing of the meeting

The chair closed the meeting at 15:20.



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§ 18

Translation of the agenda/minutes

The English translation of the agenda/minutes of the meeting is attached to the agenda item.

Annexes

40 Agenda_TT_Meeting_16-04-2025