

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

1 (40)

Date and time 22 January 2026 at -

Place

Participants	Role	Additional information
Members		
Forsberg Markus	Dean, Chair	
Leinonen Ville	1st Vice Dean, Vice Chair	
Tohka Jussi	Professor, member	
Haapasalo Annakaisa	Professor, deputy member	
Kauppinen Anu	Professor, member	
Ketolainen Jarkko	Professor, deputy member	
Härkänen Marja	Professor, member	
Välimäki Tarja	Professor, deputy member	
Tuomainen Tomi-Pekka	Professor, member	
Pussinen Pirkko	Professor, deputy member	
Heinäniemi Merja	Professor, member	
Kuittinen Outi	Professor, deputy member	
Tampio Janne	Staff, member	
Rauramaa Tuomas	Staff, deputy member	
Lajunen Tatu	Staff, member	
Tirkkonen Tiina	Staff, deputy member	

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

2 (40)

Kotikumpu Kari	Staff, member
Küblbeck Jenni	Staff, deputy member
Lahtela-Kakkonen Maija	Staff, member
Niemi Inkeri	Staff, deputy member
Heikkilä Reeta	Staff, member
Lehtonen Sarka	Staff, deputy member
Kalenius Nea	Student, member
Lähteenmäki Eino	Student, deputy member
Nurmela Veera	Student, member
Ahvonen Otto	Student, deputy member
Salokangas Ville	Student, member
Halonen Kasper	Student, deputy member
Kuosmanen Aino	Student, member
Saadi Shadi	Student, deputy member
Tallbacka Senja	Student, member
To be named later	Student, deputy member
Ollikainen-Richards Hanna	Executive Head of Administration, secretary, preparer

Other preparers

Järvelin-Pasanen Susanna	Head of Student Services
Koistinen Annika	Academic Affairs Specialist



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

3 (40)

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

4 (40)

Items to be discussed at the meeting

Number	Heading	Page
1	Opening of the meeting	6
2	Legitimacy and presence of a quorum	7
3	Duties of the Faculty Council and the Dean	8
4	The scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Technology) that will become vacant at the Faculty: Hearing of the Faculty Council	9
5	The scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Chemistry) that will become vacant at the Faculty: Hearing of the Faculty Council	12
6	The scope and specifications of the post of University Lecturer in Pharmacy (Biopharmacy) that will become vacant at the Faculty: Hearing of the Faculty Council	14
7	Granting the title of docent in Nursing Science, Nursing Leadership, to DHSc Anu Nurmeksela	16
8	Granting the title of docent in Lung Diseases and Allergology to MD Anne Lätti	18
9	Granting the title of docent in Nursing Science, Patient Safety, to DHSc Susanna Tella	20

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

5 (40)

10	Transfer of the decision-making power of the Faculty Council in matters related to the grading of doctoral dissertations and to curricula and student admission criteria	22
11	Deciding on the criteria for supplementary admissions to Bachelor's and Master's level education for 2026	24
12	Changing the names of the major subjects of the Bachelor's and Master's degree programme in Health Promotion	28
13	Confirming the curricula for the Bachelor's Degree Programme in Human and Planetary Health for the academic years 2026–2029	29
14	Grading MHSc Essi Kalliolahti's doctoral dissertation	31
15	Grading Lic.Med. Teemu Kiljander's doctoral dissertation	33
16	Grading Paramedic (Master of Health Care) Marko Tolonen's doctoral dissertation	35
17	For information	37
18	Closing of the meeting	39
19	Translation of the agenda/minutes	41

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

6 (40)

1**Opening of the meeting**

The chair will open the meeting.

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

7 (40)

2

Legitimacy and presence of a quorum

In accordance with the UEF University Regulations, meeting notices of a multi-member administrative body must be sent at least seven days prior to the meeting, unless the administrative body has decided otherwise.

The meeting notice was sent on 15 January 2026.

According to the UEF University Regulations, multi-member administrative bodies of the university have a quorum when at least half of the members, including the chair, are present. By the decision of the chair, a multi-member administrative body can hold its meeting by email or, either fully or in part, via a video conference, telephone, or some other remote participation means. The chair has decided that the meeting be organised as a hybrid meeting (ME201 + Teams).

Motion The meeting is deemed lawful and quorate. The agenda is approved.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

8 (40)

Record entry No 96/00.03.04/2026

Prepared by Hanna Ollikainen-Richards

3

Duties of the Faculty Council and the Dean

The duties of the Faculty Council and the Dean as laid down in the University Regulations of the University of Eastern Finland will be reviewed.

The preparation of the Faculty Council's agenda items and other operating methods will be discussed.

Motion

The duties of the Faculty Council and the Dean under the UEF University Regulations will be reviewed and the preparation practices and operating methods of the Faculty Council discussed.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

9 (40)

Record entry 151/01.01.03/2026

Prepared by Hanna Ollikainen-Richards

4

The scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Technology) that will become vacant at the Faculty: Hearing of the Faculty Council

The School of Pharmacy of the University of Eastern Finland proposes that the post of University Lecturer in Pharmacy (Pharmaceutical Technology) be filled at the unit as from 1 August 2026. The position will be hosted by the School of Pharmacy at the Faculty of Health Sciences on the Kuopio campus.

The scope of the post is as follows:

The duties of the University Lecturer in Pharmacy include providing teaching in the Pharmaceutical Engineering Master's degree programme and in related fields in accordance with their skills, planning and development of teaching, supervising theses and students, conducting research in accordance with the School of Pharmacy's strategy, and participating in other departmental duties.

According to section 11 of the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

10 (40)

scope and specifications of posts that comply with the four-stage career model of the faculty's permanent and Tenure Track positions.

Motion The Faculty Council will discuss the scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Technology) that will become vacant at the faculty.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

11 (40)

Record entry 150/01.01.03/2026

Prepared by Hanna Ollikainen-Richards

5

The scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Chemistry) that will become vacant at the Faculty: Hearing of the Faculty Council

The School of Pharmacy of the University of Eastern Finland proposes that the post of University Lecturer in Pharmacy (Pharmaceutical Chemistry) be filled at the unit as from 1 August 2026. The position will be hosted by the School of Pharmacy at the Faculty of Health Sciences on the Kuopio campus.

The scope of the post is as follows:

The duties of the University Lecturer in Pharmacy include providing teaching in pharmaceutical chemistry and related fields in accordance with their skills, planning and development of teaching in cooperation with other specialist fields of the School of Pharmacy, supervising theses and students, and participating in research in accordance with the School of Pharmacy's strategy and in other departmental duties.

According to section 11 of the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent and Tenure Track positions.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

12 (40)

Motion

The Faculty Council will discuss the scope and specifications of the post of University Lecturer in Pharmacy (Pharmaceutical Chemistry) that will become vacant at the faculty.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

13 (40)

Record entry 149/01.01.03/2026

Prepared by Hanna Ollikainen-Richards

6

The scope and specifications of the post of University Lecturer in Pharmacy (Biopharmacy) that will become vacant at the Faculty: Hearing of the Faculty Council

The School of Pharmacy of the University of Eastern Finland proposes that the post of University Lecturer in Pharmacy (Biopharmacy) be filled at the unit as from 1 August 2026. The position will be hosted by the School of Pharmacy at the Faculty of Health Sciences on the Kuopio campus.

The scope of the post is as follows:

The duties of the University Lecturer in Pharmacy include providing teaching in biopharmacy and related fields in accordance with their skills, planning and development of teaching in cooperation with other specialist fields of the School of Pharmacy, supervising theses and students, and participating in research in accordance with the School of Pharmacy's strategy and in other departmental duties.

According to section 11 of the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent and Tenure Track positions.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

14 (40)

Motion

The Faculty Council will discuss the scope and specifications of the post of University Lecturer (Biopharmacy) that will become vacant at the faculty.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

15 (40)

Record entry 153/01.08.00/2026

Prepared by Hanna Ollikainen-Richards

7

Granting the title of docent in Nursing Science, Nursing Leadership, to DHSc Anu Nurmeksela

DHSc Anu Nurmeksela has proposed that she be awarded the title of docent in the field of Nursing Science, Nursing Leadership, at the Faculty of Health Sciences of the University of Eastern Finland. The applicant's CV and list of publications are enclosed with the agenda item as Annexes.

The Docent Committee of the Faculty of Health Sciences stated at its meeting that the docentship is purposeful from the perspective of teaching and research activities. The Dean of the Faculty of Health Sciences has invited Professor Maria Kääriäinen (University of Oulu) and Professor Eija Paavilainen (University of Tampere) as experts.

Professor Kääriäinen submitted her statement on 12 December 2025 and Professor Paavilainen on 28 November 2025. Both experts consider the applicant to be scientifically qualified for the docentship they are applying for and are in favour of awarding the title of docent. The statements of the experts are enclosed with this agenda item as Annexes.

In accordance with section 89 of the Universities Act (558/2009), the university may award the title of docent upon application to a person who

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

16 (40)

has comprehensive knowledge of his or her own field, a capacity for independent research or artistic work demonstrated through publications or some other manner, and good teaching skills.

The Docent Committee of the Faculty of Health Sciences stated, when it processed the application, that the applicant meets the criteria of the Faculty of Health Sciences as regards teaching skills.

According to the UEF University Regulations, the Faculty Council shall decide on awarding the title of docent.

The applicant meets the qualification requirements of a docent specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent.

Motion

The Faculty Council states that the applicant meets the qualification requirements specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent and decides to grant the title of docent in Nursing Science, Nursing Leadership, to DHSc Anu Nurmeksela.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

17 (40)

Record entry 154/01.08.00/2026

Prepared by Hanna Ollikainen-Richards

8

Granting the title of docent in Lung Diseases and Allergology to MD Anne Lätti

MD Anne Lätti has proposed that she be awarded the title of docent in the field of Lung Diseases and Allergology at the Faculty of Health Sciences of the University of Eastern Finland. The applicant's CV and list of publications are enclosed with the agenda item as Annexes.

The Docent Committee of the Faculty of Health Sciences stated at its meeting that the docentship is purposeful from the perspective of teaching and research activities. The Dean of the Faculty of Health Sciences has invited Docent Irmeli Lindström (Finnish Institute of Occupational Health) and Docent Jussi Karjalainen (TAYS) as experts.

Docent Lindström submitted her statement on 1 December 2025 and Docent Karjalainen on 17 December 2025. Both experts consider the applicant to be scientifically qualified for the docentship they are applying for and are in favour of awarding the title of docent. The statements of the experts are enclosed with this agenda item as Annexes.

In accordance with section 89 of the Universities Act (558/2009), the university may award the title of docent upon application to a person who has comprehensive knowledge of his or her own field, a capacity for

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

18 (40)

independent research or artistic work demonstrated through publications or some other manner, and good teaching skills.

The Docent Committee of the Faculty of Health Sciences stated, when it processed the application, that the applicant meets the criteria of the Faculty of Health Sciences as regards teaching skills.

According to the UEF University Regulations, the Faculty Council shall decide on awarding the title of docent.

The applicant meets the qualification requirements of a docent specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent.

Motion

The Faculty Council states that the applicant meets the qualification requirements specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent and decides to grant the title of docent in Lung Diseases and Allergology to MD Anne Lätti.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

19 (40)

Record entry 152/01.08.00/2026

Prepared by Hanna Ollikainen-Richards

9

Granting the title of docent in Nursing Science, Patient Safety, to DHSc Susanna Tella

DHSc Susanna Tella has proposed that she be awarded the title of docent in the field of Nursing Science, Patient Safety, at the Faculty of Health Sciences of the University of Eastern Finland. The applicant's CV and list of publications are enclosed with the agenda item as Annexes.

The Docent Committee of the Faculty of Health Sciences stated at its meeting that the docentship is purposeful from the perspective of teaching and research activities. The Dean of the Faculty of Health Sciences has invited Docent Sini Eloranta (Finnish Centre for Client and Patient Safety) and Professor Kristiina Junttila (HUS) as experts.

Docent Eloranta submitted her statement on 24 November 2025 and Professor Junttila on 4 January 2026. Both experts consider the applicant to be scientifically qualified for the docentship they are applying for and are in favour of awarding the title of docent. The statements of the experts are enclosed with this agenda item as Annexes.

In accordance with section 89 of the Universities Act (558/2009), the university may award the title of docent upon application to a person who has comprehensive knowledge of his or her own field, a capacity for

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

20 (40)

independent research or artistic work demonstrated through publications or some other manner, and good teaching skills.

The Docent Committee of the Faculty of Health Sciences stated, when it processed the application, that the applicant meets the criteria of the Faculty of Health Sciences as regards teaching skills.

According to the UEF University Regulations, the Faculty Council shall decide on awarding the title of docent.

The applicant meets the qualification requirements of a docent specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent.

Motion

The Faculty Council states that the applicant meets the qualification requirements specified in section 89 of the Universities Act and the criteria set out in the docentship guidelines of the Faculty of Health Sciences for the title of docent and decides to grant the title of docent in Nursing Science, Patient Safety, to DHSc Susanna Tella.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

21 (40)

Record entry 1970/00.02.01/2020

Prepared by Susanna Järvelin-Pasanen

10

Transfer of the decision-making power of the Faculty Council in matters related to the grading of doctoral dissertations and to curricula and student admission criteria

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will, e.g., grade theses and make decisions concerning curricula, degree requirements and student admission criteria. The Faculty Council may devolve a matter which would fall within its remit to be resolved by the Dean or by a head of a unit which is subordinate to the faculty. From the point of view of smooth operations, it is purposeful that the faculty council delegates its decision-making power in the manner described below.

The curriculum refers to an entity that consists of the degree structure and the learning outcomes, contents, methods of completion and assessment methods of the degree and its parts (section 2 of the Education Regulations). Offered courses refer to the implementation of studies verified in the curricula in the next academic year and, possibly, a more detailed implementation schedule (e.g., at semester or period level). The above information can also be approved as part of curricula. The syllabus refers to the teaching and examination schedules. The syllabus can also confirm, for example, the teachers and examiners, study materials and literature, implementation of teaching as remote or on-campus teaching

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

22 (40)

and location information, if these are not confirmed elsewhere (for more details, see the Academic Rector's decision 17/2024, 26 April 2024 Guidelines for the development of Bachelor's and Master's degree courses in curriculum work for 2025–2028).

1. Transfer of decision-making power to the Dean

- Grading of doctoral dissertations based on the opponent's statement during the period between the last Faculty Council meeting of the semester and the first Faculty Council meeting of the following semester.

2. Transfer of decision-making power to the Vice Dean for Research

- Approving minor changes to curricula for scientific postgraduate studies (excluding syllabi).
 - o Significant changes are always be approved by the Faculty Council. Significant changes include changes in the structure of a degree and the discontinuation of a course that was previously approved for the curriculum in such a way that it can no longer be completed in any way.
- Approving the courses offered to scientific postgraduate students for the next academic year.
- Approving the syllabi for scientific postgraduate studies for the next academic year.
- Approving minor changes to student admission criteria for scientific postgraduate studies.

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

23 (40)

3. Transfer of decision-making power to the Vice Dean for Education

- Approving minor changes to curricula for other than scientific postgraduate studies (excluding syllabi).
 - o Significant changes are always be approved by the Faculty Council. Significant changes include changes in the structure of a degree and the discontinuation of a course that was previously approved for the curriculum in such a way that it can no longer be completed in any way.
- Approving the courses offered to other than scientific postgraduate students for the next academic year.
- Approving minor changes to student admission criteria for other than scientific postgraduate studies.

4. Transfer of decision-making power to the Deputy Head in charge of education

- Approving the syllabi for other than scientific postgraduate studies for the next academic year.
- Approving amendments to the curricula during the academic year.
- If the teaching concerns more than one department or school, the Vice Dean for Education shall decide on the syllabus after consulting the Deputy Heads of the departments/schools.

Motion

The Faculty Council accepts the grading of doctoral dissertations that fall within its remit for the Dean as described in the above.

The Faculty Council approves the transfer of its decision-making power in matters related to curricula and student admission criteria as set out in the above.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

24 (40)

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

25 (40)

Record entry 1004/03.01.00/2025

Prepared by Susanna Järvelin-Pasanen

11

Deciding on the criteria for supplementary admissions to Bachelor's and Master's level education for 2026

According to section 9(4) of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning student admission criteria.

The School of Pharmacy has prepared a proposal for the admission criteria for supplementary admissions to the degree programme in pharmacy for 2026. Supplementary admissions will only be organised if all available study places are not filled in the main admission round in spring 2026. The supplementary admission round is part of the separate selection process of the University of Eastern Finland. The application period of the supplementary admissions is 5 – 10 August 2026. The results will be published by 20 August 2026.

The admission criteria proposal is enclosed with the agenda item as an Annex.

The degree programme in Pharmacy is covered by SORA legislation, which is why the recommendation related to SORA legislation has been linked to the student admission criteria of the study programmes.

Motion

The Faculty Council confirms the student admission criteria for supplementary admissions to the Bachelor's and Master's level education in Pharmacy for 2026 as proposed and authorises the Vice Dean (Education) to make any technical changes to the admission criteria.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

26 (40)

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

27 (40)

Record entry No 1232/03.00.00/2020

Prepared by Susanna Järvelin-Pasanen

12

Changing the names of the major subjects of the Bachelor's and Master's degree programme in Health Promotion

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will decide, within the scope of the faculty's educational responsibility, on the launch of a new major subject and shutting down of an existing one. This task of the Faculty Council also applies to changes to the names of major subjects.

The Bachelor's and Master's degree programme in Health Promotion proposes that the following changes be made to the names of the major subjects of the Master's degree programme:

- 1) Exercise and Sports Medicine; new name Exercise Medicine
- 2) Public Health and Health Promotion; new name Promotion of
Population Health
- 3) Ergonomics and Well-being at Work; no changes

The proposal of the major subjects included in the Bachelor's and Master's degree programme in Health Promotion with related justifications is enclosed with the agenda item as annexes. It is proposed that the change in the names of the main subjects be applied to the rights to study that begin on 1 August 2026.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

28 (40)

Motion

The Faculty Council confirms the changes to the names of the major subjects of the Bachelor's and Master's degree programme in Health Promotion as proposed.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

29 (40)

Record entry No 98/03.00.01/2026

Prepared by Susanna Järvelin-Pasanen

13

Confirming the curricula for the Bachelor's Degree Programme in Human and Planetary Health for the academic years 2026–2029

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education,
2. the degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,
4. the course descriptions in the language of instruction of the course,

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

30 (40)

5. a plan for the counselling and the organisation of the counselling of major and minor students,
6. the regulations concerning studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions.

A Bachelor's Degree Programme in Human and Planetary Health, taught in English, will start in autumn 2026 at the Faculty of Health Sciences. The Institute of Public Health and Clinical Nutrition is responsible for the coordination of the programme. All departments and schools of the faculty provide teaching in the programme.

The curriculum for the degree programme for the academic years 2026–2029 is attached to the agenda.

The course descriptions of the courses included in the curriculum have been enclosed with the agenda as an annex and can also be found in the SharePoint folder of the Faculty of Health Sciences (SharePoint <https://studentuef.sharepoint.com/sites/TTopintojaksokuvaukset/SitePages/Home.aspx>).

Motion

The Faculty Council will confirm the curriculum for the Bachelor's Degree Programme in Human and Planetary Health for the academic years 2026–2029 as proposed.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

31 (40)

Record entry 113/03.04.09/2026

Prepared by Annika Koistinen

14

Grading MHSc Essi Kalliolahti's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

MHSc Essi Kalliolahti's doctoral dissertation and study "[Active commuting for a healthier workforce. Associations of active commute with self-rated health, work ability, and sickness absence](#)" was examined publicly on 9 January 2026. The opponent, Professor Tommi Vasankari (UKK Institute) is in favour of the dissertation being approved as a thesis for a doctoral degree in Health Sciences and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

32 (40)

comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion

Based on the statement, the Faculty Council grades MHSc Essi Kalliolahti's doctoral dissertation as Pass.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

33 (40)

Record entry 113/03.04.09/2026

Prepared by Annika Koistinen

15

Grading Lic.Med. Teemu Kiljander's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Teemu Kiljander's doctoral dissertation and study "[Bicuspid aortic valve and associated risk factors for acute aortic events, a four-dimensional flow magnetic resonance imaging study](#)" was examined publicly on 19 December 2025. The opponent, Professor Tiina Ojala (University of Helsinki) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

34 (40)

comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion

Based on the statement, the Faculty Council grades Lic.Med. Teemu Kiljander's doctoral dissertation as Pass.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

35 (40)

Record entry 113/03.04.09/2026

Prepared by Annika Koistinen

16

Grading Paramedic (Master of Health Care) Marko Tolonen's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Paramedic (Master of Health Care) Marko Tolonen's doctoral dissertation and study "[Oppimiseen vaikuttavat tekijät etä- ja monimuoto-opetuksen aikakaudella. Läsnaolo-opetus, suoratoisto, vodcast ja podcast terveydenhuollon opetuksessa](#)" was examined publicly on 9 January 2026. The opponent, Professor Petri Kulmala (University of Oulu) is in favour of the dissertation being approved as a thesis for a doctoral degree in philosophy and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

36 (40)

comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

Motion

Based on the statements, the Faculty Council grades Paramedic (Master of Health Care) Marko Tolonen's doctoral dissertation as Pass.

Decision

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

37 (40)

17

For information

After the previous Faculty Council meeting (18 December 2025), the Dean or the Vice Dean have graded the following doctoral dissertations (statements of the opponents are enclosed with this agenda item as appendices):

Joel Räsänen, Clinical Medicine, 21 December 2025, Pass with distinction

Essi Järvelä, Pharmacy, 18 December 2025, Pass

Joona Hallikainen, Dentistry, 18 December 2025, Pass

Sanna Ryytty, Biomedicine, 18 December 2025, Pass

Saija Koskiniemi, Nursing Science, 30 December 2025, Pass

Tiina Komulainen, Clinical Medicine, 30 December 2025, Pass

Emma Lappalainen, Clinical Medicine, 30 December 2025, Pass

The Faculty Council of the Faculty of Health Sciences has awarded the title of docent in Health Sciences to DHSc Outi Kähkönen on 18 September 2026. Under section 51 of the Administrative Procedure Act (correcting a typographical error), the field of the title of docent was changed to Nursing Science, Health Pedagogy, in the decision.

Motion

Marked for information.



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

38 (40)

Decision



UNIVERSITY OF
EASTERN FINLAND

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

39 (40)

18

Closing of the meeting

The chair will close the meeting.

Agenda

Faculty Council of the Faculty of Health Sciences

Meeting No 1/2026

Meeting date 22 January 2026

40 (40)

19**Translation of the agenda/minutes**

The English translation of the agenda/minutes of the meeting is attached to the agenda item.