

## Agenda

Faculty Council of the Faculty of Health Sciences  
Meeting No 2/2026  
Meeting date 26 February 2026

**Date and time** 26 February 2026 at 14 - 16

## Place

<b>Participants</b>	<b>Role</b>	<b>Additional information</b>
Members		
Forsberg Markus	Dean, Chair	1-2, 4-27
Lyytinen Arja	Vice Dean, 2 <sup>nd</sup> Vice Chair	1-3, 12
Leinonen Ville	Vice Dean, 1 <sup>st</sup> Vice Chair	
Tohka Jussi	Professor, member	1-27
Haapasalo Annakaisa	Professor, deputy member	1-4, 7
Kauppinen Anu	Professor, member	1-27
Ketolainen Jarkko	Professor, deputy member	
Härkänen Marja	Professor, member	1-27
Välimäki Tarja	Professor, deputy member	1-27
Tuomainen Tomi-Pekka	Professor, member	1-27
Pussinen Pirkko	Professor, deputy member	
Heinäniemi Merja	Professor, member	1-27
Kuittinen Outi	Professor, deputy member	1-27
Tampio Janne	Staff, member	1-27
Rauramaa Tuomas	Staff, deputy member	
Lajunen Tatu	Staff, member	



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Tirkkonen Tiina	Staff, deputy member	
Kotikumpu Kari	Staff, member	1-27
Küblbeck Jenni	Staff, deputy member	1-27
Lahtela-Kakkonen Maija	Staff, member	1-27
Niemi Inkeri	Staff, deputy member	
Heikkilä Reeta	Staff, member	1-27
Lehtonen Sarka	Staff, deputy member	
Kalenius Nea	Student, member	
Lähteenmäki Eino	Student, deputy member	1-27
Nurmela Veera	Student, member	1-27
Ahvonen Otto	Student, deputy member	
Salokangas Ville	Student, member	1-27
Halonen Kasper	Student, deputy member	
Kuosmanen Aino	Student, member	1-27
Saadi Shadi	Student, deputy member	
Tallbacka Senja	Student, member	1-27
To be named later	Student, deputy member	
Ollikainen-Richards Hanna	Executive Head of Administration, secretary, preparer	1-27
Other preparers		
Järvelin-Pasanen Susanna	Head of Student Services	1-27
Koistinen Annika	Academic Affairs Specialist	1-27
Kansanen Emilia		4, 7



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Haaranen Ari	1-27
Venojärvi Mika	1-27
Saxlin Tuomas	1-9
Männistö Tuija	8
Ropponen Annina	10-12
Rissanen Tiina	1-27



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## **Minutes**

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**1**

### **Opening of the meeting**

The chair opened the meeting at 14:00.

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## **2**

### **Legitimacy and presence of a quorum**

In accordance with the UEF University Regulations, meeting notices of a multi-member administrative body must be sent at least seven days prior to the meeting, unless the administrative body has decided otherwise.

The meeting notice was sent on 19 February 2026.

According to the UEF University Regulations, multi-member administrative bodies of the university have a quorum when at least half of the members, including the chair, are present. By the decision of the chair, a multi-member administrative body can hold its meeting by email or, either fully or in part, via a video conference, telephone, or some other remote participation means. The chair has decided that the meeting be organised as a hybrid meeting (ME201 + Teams).

**Motion** The meeting is deemed lawful and quorate. The agenda is approved.

**Decision** As proposed.

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Record entry 1363/01.01.02/2025

Prepared by Hanna Ollikainen-Richards

**3**

**The Vice-Deans's proposal on the scope and specifications of the post of Associate Professor (Tenure Track), Molecular Pharmacology and Drug Development, and the person to be appointed to the post: Hearing of the Faculty Council**

According to the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent teaching and research staff and Tenure Track positions.

According to the University Regulations of the University of Eastern Finland, the Dean shall make proposals to the Rector on the persons to be appointed to professorships with a term of two years or over, and to Tenure Track positions after hearing the Faculty Council.

In its strategic human resources plan, the School of Pharmacy of the University of Eastern Finland proposes that the post of an Associate Professor (Tenure Track), Molecular Pharmacology and Drug Development, be filled at the School. The post is to be filled by appointing Academy Research Fellow Henri Leinonen to it without a public call as from 1 March 2026.

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The position is filled for a four-year term. The position is filled for a fixed term due to it being a Tenure Track position.

The post of Associate Professor of Molecular Pharmacology and Drug Development includes the management and development of research in the field, as well as research into new drug impact mechanisms and therapeutic concepts. The post includes participation in the teaching of pharmacy and drug development, the organisation of courses and seminars, and the supervision of Master's theses and doctoral dissertations. In addition, the Associate Professor actively applies for national and international research funding, leads a research team and participates in national and international networks and expert tasks in the field.

Based on the University Regulations of the University of Eastern Finland, a person to be appointed as an associate professor in the tenure track shall hold a suitable doctoral degree and have good teaching skills.

Furthermore, the person shall have the prerequisites to fulfil the qualification requirements of a professor by the end of the tenure track term.

The Appointments Committee established in accordance with the UEF University Regulations consisted of the Head of the School, Professor Jarkko Rautio (Chair), Professor Anna-Liisa Levonen and Professor Katri Hämeen-Anttila.

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In accordance with the Dean's decision, expert statements on the qualifications and merits of the person proposed to be appointed to the post have been requested from Mikko Airavaara (University of Helsinki) and François Paquet-Durand (University of Tuebingen).

The favourable expert statements are enclosed with this agenda item as appendices.

In summary, the Appointments Committee states that the qualifications and merits of Academy Research Fellow Henri Leinonen meet the criteria set for the associate professor level of the Tenure Track. Leinonen's CV and list of publications are enclosed with the agenda item as Annexes.

The criteria for the progress on the tenure track will be specified in more detail in the specifying agreement to be annexed to the employment contract.

**Motion** The Faculty Council will address the proposed scope and specifications and the proposed title of the post.

**Decision** As proposed. Markus Forsberg did not participate in the handling of the motion (general clause disqualification). Arja Lyytinen acted as the chairperson.



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Record entry 392/01.01.02/2025

Prepared by Hanna Ollikainen-Richards

## **4**

### **The Dean's proposal to the Rector of the University of Eastern Finland on the appointment of PhD Kirsi Ketola to the post of Professor, Medical Biochemistry, until further notice: Hearing of the Faculty Council**

By his decision, the Dean of the Faculty of Health Sciences approved the description of the post of Associate Professor/Professor of Medical Biochemistry.

A total of seven persons applied for the post of Professor/Associate Professor by the deadline: Markku Hakala, Mohieddin Jafari, Piia Karisola, Kirsi Ketola, Mikko Kuokkanen, Leena Latonen and Ville Paakinaho.

In accordance with the Universities Act, statements must be requested before the appointment on the qualification and merits of the applicants or the person to be invited to the post from a minimum of two experts when a person is being recruited for an employment relationship that will be effective until further notice or for a fixed period of at least two years. Sections 27–29 of the Administrative Procedure Act (434/2003) on disqualification shall be applied to the experts.

According to the University Regulations of the University of Eastern Finland, a person to be appointed as Professor shall be scientifically or

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artistically qualified, have good teaching skills and, if important for attending to the duties, have practical familiarity with the field of the post. By decision of 11 March 2025 of the Dean of the Faculty of Health Sciences, the person to be appointed to the post is not required to have practical familiarity with the field of the post.

Expert statements on the eligibility and merits of the person applying for the post have been requested from the following persons: Professor Maria Masucci (Karolinska Institutet), Aristidis Moustakas (Uppsala University) and Professor Richard Moriggl (University of Veterinary Medicine Vienna).

Based on the application documents, expert statements and interview, the Appointments Committee proposes that the vacancy be filled at Professor level and that PhD Kirsi Ketola be appointed to it from 1 March 2026 onwards until further notice.

The post was discussed by the Faculty Council on 18 December 2025 and was referred back to the Appointments Committee for preparation. The corrected proposal of the Appointments Committee and the application documents are enclosed with this agenda item as annexes.

According to section 10(9) of the University Regulations of the University of Eastern Finland, the Dean shall make a proposal to the Rector on the person to be appointed to the post after hearing the Faculty Council.

Kirsi Ketola is not required to give a trial lecture.



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**Motion**     The Faculty Council will discuss the proposed appointment.

**Decision**     As proposed.

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Record entry 322/01.01.02/2026

Prepared by Hanna Ollikainen-Richards

## 5

### **Description of the post of Professor, Clinical Research, in order to invite Associate Professor Eino Solje to the post: Hearing of the Faculty Council**

In its strategic human resources plan, the School of Medicine, the Institute of Clinical Medicine, of the University of Eastern Finland proposes that, if the requirements of the tenure track are met, Associate Professor (Tenure Track) Eino Solje may be invited to the part-time (30%) post of Professor, Clinical Research, until further notice.

The Tenure Track Committee of the Faculty of Health Sciences has assessed the fulfilment of the specifying criteria and has stated that the invitation procedure and expert evaluation can be initiated to appoint Associate Professor (Tenure Track) Eino Solje to the post. The post will be hosted by the Faculty of Health Sciences, the School of Medicine, the Institute of Clinical Medicine.

The proposed grounds for the invitation procedure are: Eino Solje received a doctoral degree in Medicine in 2017 from the University of Eastern Finland. He also received a specialist degree in neurology in 2023. He was awarded the title of docent in Experimental Neurology in 2020 by the University of Eastern Finland. Eino Solje currently works as Associate Professor and Research Director in the Institute of Clinical Medicine of the

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University of Eastern Finland's School of Medicine and as Deputy Chief Physician of Neurology in the Well-being Services County of North Savo. His previous roles at the University of Eastern Finland include Research Director (2022–2023) and Postdoctoral Researcher (2017–2020). He has also acted as a visiting researcher at the University of Brescia in Italy (2020–2021).

Eino Solje's list of publications contains 92 peer-reviewed scientific publications. He has supervised four doctoral dissertations and is currently supervising 12 more, in four of which he is the main supervisor. He has served as a preliminary examiner of doctoral dissertations and has been active in other academic expert positions in his field. He has acquired a total of about EUR 6.5 million of research funding from various sources.

Eino Solje's CV and list of publications are enclosed with this agenda item as annexes.

On the basis of the above, Associate Professor Eino Solje fulfils the requirements of the invitation procedure to the post of Professor, Clinical Research.

According to section 33(2) of the Universities Act (558/2009), the professorship may be filled by invitation without a public notice of vacancy when an academically distinguished person is being invited to take the position or a candidate is appointed to the position for a fixed period. Only

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a person who indisputably fulfils the qualification requirements may be appointed to the post by invitation.

According to section 31 of the University Regulations of the University of Eastern Finland, a person to be appointed as Professor shall be scientifically or artistically qualified, have good teaching skills and, if important for attending to the duties, have practical familiarity with the field of the post.

According to the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals on the scope and specifications of the post of a professor and, according to the same, the Dean will decide on the scope and specifications of the post of a professor after hearing the Faculty Council. The Dean will appoint experts to provide statements on those who have applied for or have been invited to a post of Professor (UEF University Regulations).

The description of the post of Professor, Clinical Research, is enclosed with this agenda item as an Annex. The description of the post includes the scope and specifications of the post required by the UEF University Regulations. The description of the post does not require that the person invited to the said post of Professor has practical familiarity with the field.

The description of the post also includes a proposal that the invitation procedure be used to invite Associate Professor Eino Solje to it. Eino Solje's consent is enclosed as an annex.



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**Motion**      The Faculty Council will address the proposal for the scope and specifications of the post.

**Decision**      As proposed.

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Record entry 318/01.01.02/2026

Prepared by Hanna Ollikainen-Richards

## 6

### **Description of the post of Professor/Associate Professor (Tenure Track), Clinical Research: Hearing of the Faculty Council**

According to the University Regulations of the University of Eastern Finland, the Faculty Council will discuss proposals regarding the scope and specifications of posts that comply with the four-stage career model of the faculty's permanent teaching and research staff and Tenure Track positions.

In their strategic human resources plan, the School of Medicine, the Institute of Clinical Medicine, of the Faculty of Health Sciences Medicine of the University of Eastern Finland proposes that a part-time (50%) post of a Professor/Associate Professor of Clinical Research be filled at the institute.

According to the University Regulations of the University of Eastern Finland, a person to be appointed as Professor shall be scientifically or artistically qualified, have good teaching skills and, if important for attending to the duties, have practical familiarity with the field of the post.

A person to be appointed as an associate professor in the tenure track in accordance with the University Regulations of the University of Eastern Finland shall hold a suitable doctoral degree and have good teaching skills.

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Furthermore, the person shall have the prerequisites to fulfil the qualification requirements of a professor by the end of the tenure track term.

The post of a Professor will be filled until further notice starting on 1 June 2026 at the earliest. In the case of an Associate Professor (Tenure Track), the post will be filled for a four-year term starting on 1 June 2026 at the earliest. The post is filled for a fixed term due to it being a Tenure Track position.

The criteria, goals and results to be achieved during the term in order to proceed to the next level of the Tenure Track (Professor) will be agreed upon in detail with the person appointed to the Associate Professor position when the contract of employment is signed.

The description of the post of Professor/Associate Professor (Tenure Track) (Annex) includes the scope and specifications of the post as required by the UEF University Regulations.

**Motion** The Faculty Council will discuss the description of the post.

**Decision** As proposed.

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Record entry 870/03.01.00/2020

Prepared by Susanna Järvelin-Pasanen

**7**

**Approval of the admission criteria and curriculum for pastoral psychological psychotherapist training (2027–2030)**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula, degree requirements and student admission criteria.

Government Decree 1120/2010 amending the Decree on Health Professionals entered into force on 31 December 2011. Under section 2a of the Decree, the use of the protected title of a psychotherapist is subject to the condition that the person concerned has completed psychotherapist training organised by a university or by a university together with another training organisation. The skills required to work as a psychotherapist are acquired through studies whose scope must be 60 ECTS at the minimum and that consist of theoretical studies, supervised psychotherapist work with patients, educational psychotherapy and skills demonstration. Competence is proved through a skills demonstration. The university issues the student a certificate of the completion of the training.

The psychotherapist training organised by the Faculty of Health Sciences or the Philosophical Faculty of the University of Eastern Finland is professional development training for health professionals that leads to

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the professional title of a health care psychotherapist in accordance with the Government Decree (VNA 1120/2010). The trainings are managed by the Centre for Continuous Learning of the University of Eastern Finland. In professional development training, students do not have the status of a degree student. Selected students are granted a fixed term right to study in the training to which they have been selected.

The Academic Rector appointed a steering committee for psychotherapist training on 23 November 2023. The term of the Steering Committee is 4 years (2024–2027). The Steering Committee includes 3 full and deputy members from the Faculty of Health Sciences and 2 full and deputy members from the Philosophical Faculty. In addition, the steering committee includes 1 member and deputy member from the Centre for Continuous Learning.

10–14 students (4 students on a waiting list) will be admitted to the pastoral psychological psychotherapist training that will start in the spring of 2027 in accordance with the enclosed admission criteria. The scheduled application period is 2 March – 31 August 2026.

The scope of the pastoral psychological psychotherapist training is 85 ECTS. The duration of the training is four academic years (2027–2030). The enclosed curriculum has been approved by Professor Minna Valkonen-Korhonen who was appointed by the steering committee for psychotherapist training as the person in charge of the pastoral psychological psychotherapist training. The person in charge of the education at the university is Professor Minna Valkonen-Korhonen and the



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main trainers are Trainer Psychotherapist Joonas Mikkola and Trainer Psychotherapist Arja Pakarinen from Therapeia Foundation.

**Motion**

The Faculty Council approves the admission criteria and curriculum for the pastoral therapeutical psychotherapist training in accordance with the annexes and delegates the approval of any additions and corrections made to the curriculum and admission criteria to the Vice Dean (Education).

**Decision**

As proposed.



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Record entry 1017/03.01.00/2025

Prepared by Susanna Järvelin-Pasanen

### 8

#### **Approving the admission criteria and curriculum for the training preparing dentists who have completed their degree outside the EU/EEA for competency examinations (PÄTE training)**

According to section 9 of the UEF University Regulations, the Faculty Council shall make decisions concerning student admission criteria and curricula.

To be able to work as dentists in Finland, persons who have completed their dentist education outside the EU/EEA, must have been granted the right to practise the profession in Finland by Valvira. The training preparing dentists who have completed their degree outside the EU/EEA for competency examinations (PÄTE training) provides preparatory training for the qualification process that does not lead to a degree.

The PÄTE- training implemented at the University of Eastern Finland will have four (4) study places. The duration of the training is 4.5 months (08/2026–12/2026) and it includes on-campus and remote teaching provided in Finnish.

Students admitted to the training are granted a separate right to study at the Faculty of Health Sciences in the University of Eastern Finland. The

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separate right to study is granted for a fixed term (according to the duration of the training). The right to study enables participation in Bachelor's and Master's degree level courses in dentistry, in accordance with the participants' personal study plan. The curriculum for the Bachelor's and Master's degree programmes in dentistry are confirmed annually by the Faculty Council. The separate right to study only applies to this education and to the courses included in it.

The Institute of Dentistry of the School of Medicine has prepared a proposal for the admission criteria and curriculum for the training that prepares dentists who have completed their degree outside the EU/EEA for competency examinations. The admission criteria and curriculum are enclosed with the agenda as annexes.

### **Motion**

The Faculty Council approves the admission criteria for the training that prepares dentists who have completed their degree outside the EU/EEA for competency examinations (PÄTE training) and authorises the Vice Dean (Education) to make technical changes to them.

### **Decision**

As proposed.

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Record entry No 98/03.00.01/2026

Prepared by Susanna Järvelin-Pasanen

### 9

#### **Confirming the curricula for the School of Pharmacy's degree programmes, the available minor subject studies and the courses offered to exchange students and related changes**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education,
2. the degree structure (including courses and their scopes) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,
4. the course descriptions in the language of instruction of the course,

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5. a plan for the steering and the organisation of the steering of major and minor students,
6. the regulations concerning studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions,

The School of Pharmacy has the Bachelor of Science (Pharmacy) and the Master of Science (Pharmacy) degree programmes as well as the Master's degree programme in Toxicology taught in English. In addition, the School of Pharmacy provides basic studies in Pharmacy (25 ECTS) and, for the students of environmental health and technology, basic studies in Toxicology (25 ECTS) as minor subjects.

The curricula of the School of Pharmacy have been confirmed for a three-year period for the academic years 2025–2028 at the Faculty Council meeting of 20 February 2025. The School of Pharmacy proposes changes to previously confirmed degree structures and course descriptions. The updated curricula and course descriptions are enclosed with the agenda as annexes.

**Motion** The Faculty Council will confirm the updated curricula of the School of Pharmacy and the changes to the courses included in the curricula as proposed.

**Decision** As proposed.

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Prepared by Susanna Järvelin-Pasanen

**10**

**Confirming amendments to the curriculum for the degree programme in Dentistry**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education
2. The degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,
4. the course descriptions in the language of instruction of the course,

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5. a plan for the guidance of major and minor subject students and the organisation of this guidance
6. the regulations on studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions

The Institute of Dentistry offers a degree programme in dentistry that includes the Bachelor and Licentiate of Dentistry degrees.

The curricula of the degree programme in dentistry have been confirmed for a three-year period for the academic years 2025–2028 at the Faculty Council meeting of 20 February 2025. The Institute of Dentistry proposes to the Faculty Council changes to the confirmed curriculum. The changes to the curriculum were decided at the steering group meeting of the Institute of Dentistry on 4 February 2026.

Changes proposed by the Institute of Dentistry for 2026–2028:

- The name of the TL00CL64 Basics of Oral Geriatrics course will be changed to Oral Geriatrics I TL00EZ44
- The name of the TL00DP06 Advance course in Gerodontology will be changed to Oral Geriatrics II, TL00EZ45
- The evaluation scale of 4435016 Seminars in infectious diseases, Dentistry, will be changed to PASS-FAIL, the new code of the course will be TL00EZ46 Seminars in infectious diseases, Dentistry
- The TL00ED39 Methods of health research 4 ECTS course will be transferred from second year studies (HL2) to first year studies (HL1)

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- YS00EG24 Introduction to Finnish Health and Social Services System, 2 ECTS, and TL00EI57 Orofacial physiology and anatomy Part 2, 2.5 ECTS, will be transferred from first year studies (HL1) to second year studies (HL2)
- The conditions for advanced practical training will be changed as follows:
  - As from 1 August 2026, submitting a thesis included in advanced studies for examination is not a prerequisite for starting practical training included in advanced studies. The student may start the training even if they have not yet completed their thesis.
  - The clinic threshold guideline will be changed as follows:
    - Oral pathology I 4433027 is part of the clinic threshold requirements. The change concerns the Third-year threshold for patient work HLK guideline in the two-step structure and the Third-year clinic threshold guideline in the one-step structure.
  - The course code of the Fixed prosthodontics course offered to international exchange students has changed and is not TL00EE48
  - The list of PSP counsellors has been updated. The contact details of the Omaope team can be found in the School of Dentistry's study community.

The updated curriculum and course descriptions are enclosed with the agenda as annexes.

## Motion

The Faculty Council will confirm the updated curriculum of the degree programme in dentistry and the changes to the courses included in the curriculum as proposed.



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**Decision**

As proposed.

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Prepared by Susanna Järvelin-Pasanen

### 11

#### **Confirming the curricula for the Institute of Public Health and Clinical Nutrition's degree programmes, the available minor subject studies and the courses offered to exchange students and related changes**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education
2. The degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,

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4. the course descriptions in the language of instruction of the course,
5. a plan for the steering and the organisation of the steering of major and minor students,
6. the regulations concerning studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions.

The Institute of Public Health and Clinical Nutrition offers BHSc + MHSc degree programmes in the following major subjects: ergonomics and well-being at work, promotion of public health, and nutrition. In addition, the Institute offers a Bachelor's Degree Programme in Human and Planetary Health taught in English and a Master's Degree Programme in Public Health taught in English.

The minor subjects available at the Institute of Public Health and Clinical Nutrition include:

- Gerontology, basic studies (25 ECTS)
- Ergonomics and Well-being at Work, basic studies (25 ECTS)
- Public Health, basic and intermediate studies (25 ECTS + 35 ECTS)
- Nutrition, basic and intermediate studies (25 ECTS + 35 ECTS)
- Sports nutrition, basic and intermediate studies (25 ECTS + 35 ECTS)

The curricula for the degree programmes and minor studies of the Institute of Public Health and Clinical Nutrition have been confirmed for a

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three-year period for the academic years 2025–2028 at the Faculty Council meeting of 20 February 2025.

The Institute of Public Health and Clinical Nutrition proposes changes to previously confirmed degree structures and course descriptions. The updated curricula and course descriptions are enclosed with the agenda as annexes.

**Motion** The Faculty Council will confirm the changes to the curricula for the degree programmes and minor studies offered by the Institute of Public Health and Clinical Nutrition as proposed.

**Decision** As proposed.

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Prepared by Susanna Järvelin-Pasanen

## 12

### **Confirming the curricula for the degree programme in medicine and the minor subjects offered by the Institute of Clinical Medicine and related changes**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education
2. The degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,
4. the course descriptions in the language of instruction of the course,

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5. a plan for the guidance of major and minor subject students and the organisation of this guidance
6. the regulations on studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions

The Institute of Clinical Medicine offers a degree programme in medicine that includes the Bachelor and Licentiate of Medicine degrees. In addition, the Institute of Clinical Medicine will offer courses for the Mental wellbeing of children and young people study module, which is organised in cooperation with the Faculty of Social Sciences and Business Studies.

The curriculum for the degree programme in Medicine has been confirmed for a three-year period for the academic years 2025–2028 at the Faculty Council meeting of 20 February 2025. The degree programme in medicine proposes changes to previously confirmed degree structure and course descriptions. The updated curriculum and course descriptions are enclosed with the agenda as annexes.

The updated course descriptions of the courses offered by the Institute of Clinical Medicine for the Mental well-being of children and young people study module are also enclosed.

## Motion

The Faculty Council will confirm the curriculum for the degree programme in medicine and changes to the courses included in the curriculum and the



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courses offered by the Institute of Clinical Medicine for the Mental well-being of children and young people study module as proposed.

**Decision** As proposed.

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Prepared by Annika Koistinen

## 13

### Grading Lic.Med. Heikki Ilmavirta's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Heikki Ilmavirta's doctoral dissertation and study "[Epidemiology of extended-spectrum beta-lactamase-producing Escherichia coli urinary tract and bloodstream infections in Finland](#)" was examined publicly on 19 December 2025. The opponent, Professor Anu Kantele (University of Helsinki) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion** Based on the statement, the Faculty Council grades Lic.Med. Heikki Ilmavirta's doctoral dissertation as Pass.

**Decision** As proposed.

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## 14

### **Grading Lic.Med. Tommi Karttunen's doctoral dissertation**

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Tommi Karttunen's doctoral dissertation and study "[Targeting retinal and choroidal diseases – imaging modalities in clinical and translational research](#)", on tarkastettu julkisesti 16.1.2026. The opponent, Professor Peppi Karppinen (University of Oulu) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion** Based on the statement, the Faculty Council grades Lic.Med. Tommi Karttunen's doctoral dissertation as Pass.

**Decision** As proposed.

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**15**

### **Grading Lic.Med. Pekka Lammi's doctoral dissertation**

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Pekka Lammi's doctoral dissertation and study "[Blood transfusions and hemoglobin behavior in major upper gastrointestinal tract cancer surgery](#)" was examined publicly on 9 January 2026. The opponent, Professor Heikki Mäkisalo (University of Helsinki) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion**

Based on the statement, the Faculty Council grades Lic.Med. Pekka Lammi's doctoral dissertation as Pass.

**Decision**

As proposed.

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## 16

### Grading Lic.Med. Jani Sirkka's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Jani Sirkka's doctoral dissertation and study "[Corticospinal excitability in idiopathic normal pressure hydrocephalus: A transcranial magnetic stimulation study](#)" was examined publicly on 30 January 2026. The opponent, Professor Mika Martikainen (University of Oulu) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion** Based on the statement, the Faculty Council grades Lic.Med. Jani Sirkka's doctoral dissertation as Pass.

**Decision** As proposed.



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Prepared by Susanna Järvelin-Pasanen

**17**

**Discontinuing the doctoral programmes of the Faculty of Health Sciences (Doctoral Programme in Clinical Research, Doctoral Programme in Drug Research, Doctoral Programme in Molecular Medicine, Doctoral Programme in Health Sciences) and establishing a new doctoral programme of the Faculty of Health Sciences as of 1 August 2026**

According to section 6 of the Education Regulations of the University of Eastern Finland, the Faculty Council will decide, within the scope of the faculty's educational responsibility, on the launch of a new degree programme and shutting down of an existing one.

The Faculty of Health Sciences has prepared a doctoral programme reform, which combines the faculty's current doctoral programmes into a single programme. Therefore, the faculty proposes that the current four doctoral programmes (Doctoral Programme in Clinical Research, Doctoral Programme in Drug Research, Doctoral Programme in Molecular Medicine, Doctoral Programme in Health Sciences) be discontinued and a new doctoral programme be established as of 1 August 2026. The proposed title of the new doctoral programme is the Doctoral Programme of the Faculty of Health Sciences.

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The proposal has been prepared by a working group within the faculty, chaired by the Vice Dean responsible for the faculty's research. The members of the working group are the directors and coordinators of the current doctoral programmes, the Academic Affairs Specialist of the faculty's postgraduate education and the faculty's Head of Research and Innovation. The working group's proposal has been discussed and supported by the faculty's doctoral programme working group, research council and management group.

The new doctoral programme will be led by the faculty's Vice Dean for Research, who will also act as the chair of the management group of the doctoral programme. The persons to be appointed to the management group include the Deputy Heads responsible for research at the Faculty's schools, departments and units; the coordinators of doctoral programme; the faculty's Executive Head of Administration; the faculty's Head of Research and Innovation; the Head of Academic Affairs; the Academic Affairs Specialist of the faculty's postgraduate education; and representatives of doctoral researchers.

The aim of the reform is to harmonise the faculty's doctoral programme model with the other faculties of the University of Eastern Finland. In addition, the reform aims to streamline the administration of doctoral programmes and to make decision-making processes smoother. The reform does not change the requirements of doctoral dissertations. A four-year transitional provision has been planned for the reform: doctoral researchers who were granted the right to pursue postgraduate studies before 1 August 2026 can complete their degree according to the

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previously approved postgraduate study plan until 31 July 2030. The impact of the reform on doctoral researchers who have received the right to pursue postgraduate studies is minor.

The admission criteria and curriculum for the new doctoral programme are under preparation and will be submitted to the Faculty Council for decision-making during spring 2026. The combining of the admission criteria and curricula for the current doctoral programmes will not result in any significant changes to current practices. Doctoral researchers will be informed of the reform after the faculty council has made its decision.

### **Motion**

The doctoral programmes of the Faculty of Health Sciences (Doctoral Programme in Clinical Research, Doctoral Programme in Drug Research, Doctoral Programme in Molecular Medicine, Doctoral Programme in Health Sciences) will be discontinued and a new doctoral programme of the Faculty of Health Sciences will be established as of 1 August 2026. The current doctoral programmes will be continued until 31 July 2026.

### **Decision**

As proposed.

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18

### Grading Lic.Med. Aleksi Hämäläinen's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Aleksi Hämäläinen's doctoral dissertation and study "[Coverage and views on seasonal influenza and Covid-19 vaccination among healthcare workers as well as disease burden caused by seasonal influenza and respiratory syncytial virus among adults](#)" was examined publicly on 30 January 2026. The opponent, Professor Asko Järvinen (University of Helsinki) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no



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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion** Based on the statement, the Faculty Council grades Lic.Med. Aleksii Hämäläinen's doctoral dissertation as Pass.

**Decision** As proposed.

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## 19

### Grading Lic.Med. Tiia Kääriäinen's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

Lic.Med. Tiia Kääriäinen's doctoral dissertation and study "[Association Between Glucose Metabolism and Radiological Findings in Breast Cancer](#)" was examined publicly on 23 January 2026. The opponent, Docent Leila Vaalavirta (Docrates Cancer Center) is in favour of the dissertation being approved as a thesis for a doctoral degree in Medicine and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion**

Based on the statement, the Faculty Council grades Lic.Med. Tiia Kääriäinen's doctoral dissertation as Pass.

**Decision**

As proposed.

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## 20

### Grading MHSc lira Tiitta's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

MHSc lira Tiitta's doctoral dissertation and study "[Effects of climate change to health: Perspectives of nurses and nursing students](#)" was examined publicly on 30 January 2026. The opponent, Professor Mari Kangasniemi (University of Turku) is in favour of the dissertation being approved as a thesis for a doctoral degree in Health Sciences and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion**

Based on the statement, the Faculty Council grades MHSc Iira Tiitta's dissertation as Pass.

**Decision**

As proposed.

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## 21

### Grading MSc Mea Wright's doctoral dissertation

According to section 9 of the University Regulations of the University of Eastern Finland (1 January 2024), the Faculty Council grades doctoral dissertations. According to Section 14 of the standing rules of the Faculty of Health Sciences on degrees and studies, doctoral dissertations are graded on the scale fail – pass – pass with distinction. The Faculty Council will decide on the grade of the dissertation based on the grade proposal of the opponent.

MSc Mea Wright's doctoral dissertation and study "[The effectiveness of continuing education on self-reported nursing practice outcomes and barriers:A pilot intervention study](#)" was examined publicly on 16 January 2026. The opponent, Professor Sanna Salanterä (University of Turku) is in favour of the dissertation being approved as a thesis for a doctoral degree in Health Sciences and proposes the grade Pass.

According to section 44 of the Universities Act (24.7.2009/558), before a doctoral dissertation is graded, the author must be given an opportunity to submit his or her response to the preliminary examiner's, the examiner's or the opponent's statement. The doctoral candidate has no

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comments on the statements. The opponent's statement is enclosed with the item as an annex.

According to section 29 of the Universities Act (24.7.2009/558), a study attainment may be assessed only by those members or deputy members of a multi-member administrative body who have a degree or completed study attainments of an equivalent level or who have been appointed professors.

**Motion** Based on the statement, the Faculty Council grades MHSc Mea Wright's doctoral dissertation as Pass.

**Decision** As proposed.



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### **For information**

Expert statements on the qualifications of MD Tuomas Rauramaa to the post of Professor in the field of pathology, in particular neuropathology. The description of the post in order to invite MD Tuomas Rauramaa to the post was discussed by the Faculty Council on 18 December 2025.

**Motion**      Marked for information.

**Decision**      As proposed.

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**Confirming amendments to the curriculum for the degree programme in Lab Animal Centre**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

The curricula of the degree programme in Lab Animal Centre have been confirmed for a three-year period for the academic years 2026–2028 at the faculty. The updated curriculum and course descriptions are enclosed with the agenda as annexes.

**Motion** The Faculty Council will confirm the updated curriculum of the degree programme in Lab Animal Centre for the academic years 2026-2028 as proposed.

**Decision** As proposed.

Record entry No 98/03.00.01/2026

Prepared by Susanna Järvelin-Pasanen

**24**

**Confirming amendments to the curriculum for the degree programme and the available minor subject studies in the Institute of Biomedicine**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development. The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education
2. The degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,

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4. the course descriptions in the language of instruction of the course,
5. a plan for the guidance of major and minor subject students and the organisation of this guidance
6. the regulations on studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions

The Institute of Biomedicine offers a degree programme in Biomedicine (BSc + MSc), as well as an English-language Master´s Degree Programme in Biomedicine. In addition, the Institute of Biomedicine offers minor subject studies in Human Biology (25 ECTS) and basic and intermediate studies in Sport and Exercise Medicine (25 ECTS + 35 ECTS).

The curricula of the degree programme in the Institute of Biomedicine have been confirmed for a three-year period for the academic years 2025–2028 at the Faculty Council meeting of 20 February 2025. The Institute of Biomedicine proposes to the Faculty Council changes to the confirmed curriculum. The changes to the curriculum and the course descriptions are attached and enclosed with the agenda as annexes.

**Motion**

The Faculty Council will confirm the updated curriculum of the degree programme in Biomedicine and the minor studies provided by the Institute of Biomedicine, as well as the changes to the courses included in the curriculum as proposed.

**Decision**

As proposed.

Record entry No 98/03.00.01/2026

Prepared by Susanna Järvelin-Pasanen

## 25

### **Confirming the curricula for the Department of Nursing Science´s degree programmes, the minor subject studies and related changes**

According to section 9 of the University Regulations of the University of Eastern Finland, the Faculty Council will make decisions concerning curricula and degree requirements.

According to section 18 of the Education Regulations of the University of Eastern Finland, a curriculum is drawn up for each degree programme, which constitutes a skill-based tool for teaching, planning of studies and supervision. The faculty and the department/school shall develop and assess the curriculum regularly. Feedback and statistical data collected on teaching, studies, guidance and degrees shall be utilised in the development.

The curriculum of each degree programme must indicate the following:

1. the scientific and professional goals of the education
2. The degree structure (including courses and their scope) and the learning outcomes, contents, methods of completion and assessment of the degree and its parts,
3. the names of the degrees, study modules and courses in Finnish and English,

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4. the course descriptions in the language of instruction of the course,
5. a plan for the steering and the organisation of the steering of major and minor students,
6. the regulations concerning studies and degrees, such as the grounds for credit transfer and provisions on the expiration of studies, the maximum number of times study attainments can be completed or retaken and the organisation of exams, and any transitional provisions.

The Department of Nursing Science offers a Master´s Programme in Nursing Science (MSc). In addition, the department provides basic and intermediate studies (25 ECTS + 35 ECTS) in Health Promotion and Health Education as a minor. The curricula of the Department of Nursing Science have been confirmed as a three-year curriculum period for the academic years 2025-2028 by the Faculty Council on 20 February 2025.

Department of Nursing Science proposes changes to the previous confirmed degree structure and course descriptions. The updated curriculum and course descriptions are enclosed with the agenda as annexes.

**Motion** The Faculty Council will confirm the updated curriculum in Nursing Science and the changes to the courses included in the curriculum as proposed.

**Decision** As proposed.



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### **Closing of the meeting**

The chair closed the meeting at 16:05.



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**27**

### **Translation of the agenda/minutes**

The English translation of the agenda/minutes of the meeting is attached to the agenda item.